



Meals on Wheels

Meals on Wheels is a program of home-delivered, hot noon meals available to those persons of any age who have difficulty cooking for themselves. For those who want it, a cold evening supper can be delivered with the noon meal.

The meals are prepared at the Illini Union following a menu prepared by a qualified dietician. During times when the Illini Union is closed due to school breaks, meals are prepared by ManorCare. The fees for the different meal options are:

Regular Hot Noon Meal..... \$6.05 per meal per day
*Includes an entree, vegetable, side dish, fruit, salad, milk, bread, and –
of course - dessert*

Hot Noon Meal plus a Cold Supper..... \$8.60 per meal per day
Includes the hot noon meal above plus: a sandwich, soup, and fruit for supper

Special Diets are available to meet individual dietary needs: low cholesterol, low sodium, diabetic, mechanical soft (chopped) or any combination of these. There is an additional \$1.00 fee for special diet meals.

New clients can start receiving meals within two business days of calling.

Regular substitutions are also considered a special diet with the additional \$1.00 fee. These substitutions include requests for certain items to be changed, for example: no gravy, skim milk, no milk, juice instead of milk, no fish, no roast beef, etc.

The minimum order for new Meals on Wheels clients is five regular Hot Noon Meals or equivalent combinations of Hot Noon Meals and Cold Suppers. The minimum order is required due to the time and effort involved in enrollment in the program. If the client chooses to cancel before this time, s/he will still be responsible for the minimum fee. After the minimum charge has been reached, clients may cancel their service at any time without penalty.

Cancellations must be called in to the office by at least **12:00 Noon the day prior** to the cancellation date. Exceptions may be made in emergencies. Clients will be billed for cancellations made later than noon the day prior to delivery. Billing is done monthly. Bills will be mailed to the client's home unless other arrangements have been made. The bill will arrive around the 10th of the month. **Our delivery volunteers are not able to collect payment.**

To refer persons to Meals on Wheels or if you have questions, please call
THE SENIOR RESOURCE CENTER * 352-5100
Family Service - 405 S. State Street, Champaign, IL 61820

