



Family Service

Enriching lives across the generations

ANNUAL REPORT

Fiscal Year 2022 • July 01, 2021-June 30, 2022

Expanding our services and partnerships in East Central Illinois



Check out our website: www.famservcc.org and

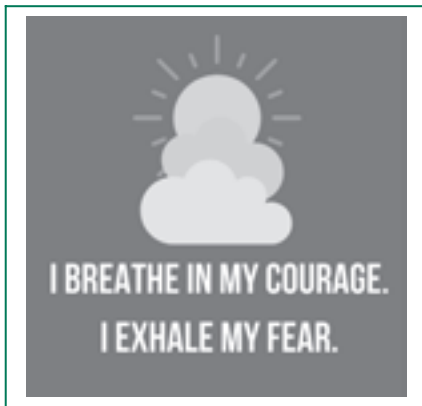


Protecting senior health in Champaign, Douglas & Piatt counties by supporting social and emotional wellness

Family Service launched several social wellness programs in 2022 and we're excited to share the enthusiastic responses with you.

Creativity on Wheels was officially launched!

In 2021, we ran two pilot programs offering six art therapy boxes home-delivered on a biweekly basis to seniors in Champaign, Urbana and Savoy. It was a big hit! So Julie Schubach expanded the program to monthly deliveries for a year. In July 2022, Creativity on Wheels was officially launched and fifty boxes went out for delivery.



The boxes include materials to make several art projects within a common theme. There are a range of mediums, tools and skills in each box to enhance creativity, cognition, and fine motor skills. The affirmations in each box and the follow-up friendly calls

increase socialization. Our generous sponsors allow us to purchase the art supplies and offer the program at no charge. We're grateful to loyal volunteers and University of Illinois students who help us to compile and deliver the boxes. Each of you is changing lives! Call Julie at 217-352-5100 for more information.

Ethel & Maud's Luncheons

Robbie Edwards, our RSVP Information Coordinator, is coordinating monthly Ethel & Maud's luncheons for people age 55+ with Clark-Lindsey. They named the program for visionary philanthropists Ethel Clark and Maud Lindsey. The events are at Cityview and Dish Passionate Cuisine is our buffet catering team.

Robbie uses monthly themes to guide that month's menu and entertainment. For instance, a June Luau with Inland Calypso performing while you dine on Pork Tenderloin with Island Salsa or Caribbean Chicken and lots of fun sides. Getting all this for just \$10 a ticket is a great deal! Several months, more than 100 have attended, so there is plenty of socialization too.

Interested in attending? They're the third Wednesday of every month for anyone age 55+. Call Robbie at 217-359-6500 to reserve your seat for the next lunch.

Our Douglas County office hosts monthly trips, crafts and Bingo for area seniors

Caseworker Becki Anderson built the social wellness programs in Douglas County through her love and commitment to seniors. In 2021 she hosted Bingo and monthly crafts in towns throughout the county. In 2022, she received \$10,000 in funding from the Douglas County Health Department to continue her social wellness programs including monthly trips.

Favorite trips this year included: A July trip to a lake and lunch at Pinky's; going to the zoo (yes, seniors like it too!), hamburgers at Moonshine and another month at the original Burger King in Mattoon. Favorite crafts included building bird houses, gnome gardens and large tall autumn Welcome signs to look neighborly.

Tragically, Becki passed unexpectedly in September. Such a unique person can never be replaced, but we're grateful that our staff Kristi Massie and Connie Donley are carrying on the "Becki Social Seniors" programs named in Becki's memory. Call Kristi or Connie at 217-599-1324 to learn what's happening!



Becki, standing in mask at back, poses with Douglas County group during July trip to Pinky's

Supporting Caregivers in Piatt County

Marsha Townsend is a dedicated Champaign caseworker who spends half of her time supporting family caregivers in Piatt County. This includes people caring for relatives age 60+ and people age 60+ caring for relative children.

Marsha has gone beyond making visits and calls. In November, she hosted a Caregiver Appreciation luncheon at The Brown Bag, in Monticello. She also provided training on ways to reduce stress including aromatherapy. She held a second caregiver training in Monticello on January 11. If you're a family caregiver in Piatt County, please contact Marsha at 217-352-5100 for information, support and resources of help.

SENIOR RESOURCE CENTER

Promoting opportunities for seniors to remain safe, healthy, and capable members of our community.

"HomeCare is a wonderful service; I don't know what I would do without it. Being able to trust the people that come into your home and know that they really help you has made all the difference for me." *Comment from a HomeCare recipient*

Homecare

81 seniors received 13,852 hours of non-medical in-home care:

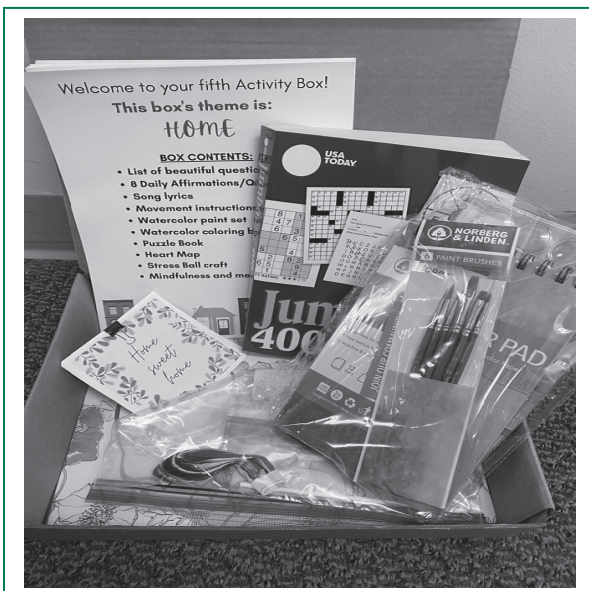
- Allowing them to stay at home by preventing or delaying nursing home placement
- Providing short-term post-hospital care
- Providing supplemental assistance in choice living and residential facilities
- Assisting with supportive care ---bathing and personal care, household tasks, bill paying, errands, meal planning and preparation
- Providing much- needed planning and respite for family caregivers



Senior Counseling & Advocacy

"You've saved my life. This is going to change my life!"

(Grateful response from a woman with macular degeneration on finding a lighted magnifying glass in her Creativity on Wheels box.)



Benefitted 610 seniors and their families with services that include outreach, counseling, friendly visiting, adult protective services, and family caregiver support;

- Provided information about community senior services to thousands of callers
- Provided support and training for families caring for a senior and to seniors raising their grandchildren
- Offered evidence-based classes Chronic Disease Self-Management Program (CDSMP), Diabetes Self-Management Program (DSMP), Stress Busters, and A Matter of Balance to the community and trained group leaders
- Reduced social isolation of older adults with innovative and collaborative services including Friendly Caller and home-delivered Creativity on Wheels art boxes



Senior Transportation

Working with a dedicated crew of volunteers, local cab companies and Champaign-Urbana MTD, Senior Transportation provided:

- Access to medical appointments and grocery shopping
- “Quality of life” rides to reduce social isolation
- 4,015 rides to 295 persons over 60

“The program is very reliable, the volunteer drivers are friendly and it’s a privilege to have this service. Thank You!”

(Comment from a senior receiving rides)

Meals on Wheels

12,352 meals were delivered to the homes of 89 seniors and others unable to prepare meals for themselves. More than just a meal, the five-day a week contact provides:

- Nutritious prepared meals, including special diets and optional sack suppers
- Reassurance checks
- Social contact
- Community support through utilization of more than 300 volunteers

“We enjoy the good meals and not having to cook anymore. We really like the volunteers who deliver; they’re all so nice and friendly!”

(Comment from a senior couple receiving meals)



RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)



*Lovia Henderson, RSVP Advisory Committee
President accepts an award at the annual
Volunteer Appreciation Luncheon.*

Promoting and supporting opportunities for seniors to be involved in the community through volunteerism and helping to solve community problems using senior volunteers, RSVP provided:

- Coordination and support (transportation, insurance, meals & recognition) for 389 senior volunteers
- 62,478 hours of volunteer service
- Volunteer labor to 75 non-profit organizations in Champaign, Piatt and Douglas counties

The staff of the RSVP program also coordinates the activities of the Helen Mary Stevick Senior Citizen's Center and their Food for Seniors program

"Volunteering is like giving a socially-distanced hug!"
(Maxine Burney, RSVP volunteer receptionist)

FAMILY SUPPORT Supporting and advocating for families and individuals during times of challenge to promote successful transitions and healing.

"I enjoyed talking with my counselor because I was able to process and deal with current events in my life as we discussed them together."
(Feedback from a client satisfaction call with a Counseling client.)

Counseling

Our therapists provided 219 hours of counseling to 37 men, women, and children, addressing such issues as:

- Parenting and communication
- Marital or family conflict
- Anxiety
- Life stresses and domestic violence

A sliding fee scale assures that quality counseling is available to all who desire it, regardless of income. to all who desire it, regardless of income.



"The instructor taught me a lot about my parenting skills.

I've learned more about myself and how to become a more responsible adult and father. Thanks, I am very appreciative."

(From a Children First class participant)



Children First

204 divorcing parents, court mandated to keep their child's best interest "first," attended the four-hour Children First program to:

- Learn about the impact of divorce on their children;
- Develop resources and new ways of relating to each other and their children.



The Self-Help Center

- Provided information on a wide variety of mutual support groups, designed to help group members address common concerns such as addiction and dependency, caregiver issues, grief, health, mental health and parenting;
- Assisted in developing and maintaining self-help groups;
- Hosted a Fall Self-Help Workshop
- Distributed the Support Group Directory listing more than 200 local support groups, and maintained an online directory at www.famservcc.org/selfhelp-center that received 1,244 visits this year.



"I really enjoyed each presenter and learned some new ways for self-care and celebrating those around me as well."

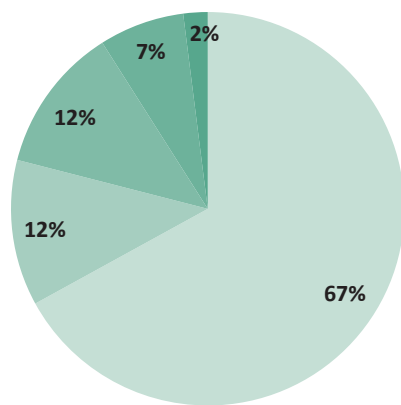
(Comment from an attendee of the Self-Help Center FY22 Fall Workshop)

Thank You for Helping Us Impact the Lives of Thousands of Individuals & Families in 2021-2022



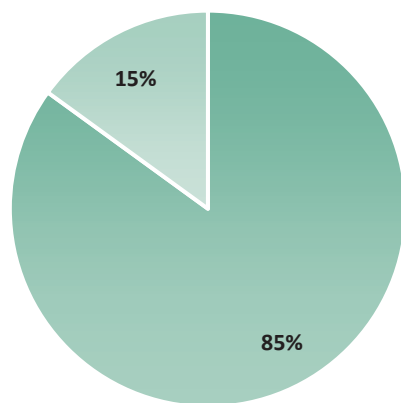
STATEMENT OF ACTIVITIES

For the Year Ended June 30, 2022



Support and Revenue: \$1,579,385

- Grants/Contracts (67%)
- Client fees (12%)
- Contributions (12%)
- United Way (7%)
- Other



Expenses: \$1,731,441

- Program Services (85%)
- Administration & Fundraising (15%)

FY22 Family Service Funders:

BankChampaign; Carle; Champaign County; Champaign County Mental Health Board; City of Urbana/Cunningham Township; Community Foundation of East Central Illinois; Corporation for National and Community Service; East Central Illinois Department on Aging; Illinois Department of Human Services; Ruth Hayward Masonic Fund; Stevick Foundation; United Way of Champaign County, Victor A. Hoersch Elderly Services Trust

A complete Financial Audit is available for review upon request at the offices of Family Service, 405 S. State, Champaign, IL

Snapshots of our



Board President Chris Randles recognizes Executive Director Sheryl Bautch for her Outstanding Service. Sheryl retired July 2022 and Chris retired from our board in Dec. 2022. They both served Family Service diligently for many years and made a great team!

Sheryl, who passed peacefully on January 16, 2023, leaves us a legacy of love and service.



Above: Dr. Peter Patton hosts a virtual fall Self-Help Workshop on “Methods to Improve Communication Skills” at the end of 2021 when the pandemic was causing everyone to develop new ways to develop relationships.

Right: Ethel & Maud's September 2022 flyer shows the delicious buffet lunch menu provided by Dish Passionate Cuisine. Rob Thompson, a magician, proved a popular entertainer and the luncheon sold out early.



John Willis is recognized for 15 years of service as the HomeCare Coordinator by Executive Director Joan Dixon at the staff appreciation luncheon. John has provided excellent service to both clients and staff in that role, so he has been promoted to HomeCare Manager beginning February 2023.

Welcome to
Ethel & Maud
September Luncheon
\$10 Per Person

ETHEL & MAUD'S
CLARA GIBNEY
A HOUSE OF SENIORS SERVICE CENTER

Times for all luncheons is 11:30am-1:00pm
(Registration and Seating starts at 11:00am)

September 21, 2022
Location: Cityview 4th floor of The Illinois Terminal Building
Free parking in the West parking lot from 11am-1:30pm

Catering by
Dish Passionate Cuisine

- Sweet & Tangy BBQ Chicken Thighs
- Individual Meatloaves
- Herb Roasted Baby Red Potatoes
- Cheesy Corn Casserole
- BLT Salad with Ranch & Balsamic Vinaigrette
- Assorted Croissants with Butter
- Sugar Cookie Puffs
- Regular Coffee • Iced Tea
- Lemonade • Water

Entertainment:
Rob Thompson, Magician

Year's Highlights



Becki Anderson (left) poses with Douglas County Health Department staff who present a large check to support monthly trips and craft classes for seniors. Gnome gardens and fall Welcome signs are examples of two monthly crafts enjoyed by people with the grant.



Mike Haile is an engaging emcee at the annual RSVP luncheon in June 2022 at the Holiday Inn. It was great to celebrate the volunteers in-person again and honor them with a luncheon, awards and raffle prizes!



Alpha Gamma Delta sorority members made Thanksgiving cards for Meals on Wheels recipients. Volunteers delivered the cards with meals to offer some holiday cheer along with the hot, nutritious food.

Friends of the Family

Family Service Donors

July 1, 2021 – June 30, 2022

(Donations received after June 30, 2022 are not reflected below)

We extend our deepest appreciation to all our Friends of the Family who provided essential support to Family Service and, through us, to the thousands of individuals and families who we served this year.

\$1,000 +

Adams, Richard & Pat Januszki

Allison, Elizabeth A.

Aronson, Kenneth S. & Sari

Ascoli, Jean L.

In memory of Marian Ascoli

BankChampaign

Bautch, Sheryl A.

Capel, William & Ernest J.

Martin

Carle Foundation

Clark, Roger G. & Gaye Wong

Cozad Asset Management, Inc.

Day, Deborah

Donsbach, David

Eichelberger, Lila Jean

Einhorn, Ann

Elizabeth R. Tobin Memorial
Fund

*In memory of Margaret
Edgerton Tobin*

Exelon Corporation

Fraser, Kim & Cindy

Green, Jane

Haile, Mike & Linda

Heartland Bank & Trust

Hohn, G. Andrew & Jackie

Humana Corporation

Johnson, Tom & Susan

Kiddoo, Ronald & Susan

Kruse, Mary

Kuchinke, Betsy & K. Peter

Logue, Mark

Michelson, Bruce & Theresa

Miley, George & Elizabeth

Neumann, Frederick

Percival, Glenn

Phillips, James & Constance

Spodek, Prudence

Randles, Christopher M.

Tepper Electric Supply Company

The Raynie Foundation

Weston, Richard

\$500 - \$999

Alstetter, Carl & Nadja

Broga, Abbie & Mike

Dixon, Joan

Grace Lutheran Church Women

Hood, W. Peter & Joan

IGW Architecture

Johnson, Tom & Susan

McGrew, Lance & Bonnie

O'Connor, Georga



Senior Resource Center Caseworker Immaculate poses in front of our display for the Community Connections Corner at the University of Illinois School of Social Work.



Senior Resource Center manager Julie Schubach (left), and University of Illinois intern Fabiola (right) kicked Creativity on Wheels off with a real flair in summer 2022.

Robbins, Gretchen
 Smith, Amie & Todd
 White, Judith
 Wilson, Mitch

\$250 - \$499

Anderson, James & Ruth
 Ascoli, Albert
In memory of Marian Ascoli
 Austin, Thomas
 Broadbent, Joanne
 Cahill, Joanne
 Carlton, Brenda & Ben Sliwinski
 Champaign West Rotary Charities
 Collins, Kathleen & Mark Nelson
 Crouse, Shirley
 Dalton, Louis & Betty
 DeLong, Doug & Diane
In honor of Dick DeLong
 Edwards, Roberta & Richard Nohmer
 Elliott, Dale & Marny
 Goode, Kenny & Terry
 Green, Randall & Theresa

Hilgert, Joyce
 Himelick, Elizabeth
 Judy, Shirley Brooks
 Liss, David & Lorelea
 Loschen, Ken & Juanita
 Martinez-Konchanin, Suzanne
 Newton, Sherry
 Pace, Richard & Joy
 Percival, Glenn
 Robeson Family Benefit Fund
 Smith, Jean & James
 Young, Debby

\$100 - \$249

Anonymous Donor
 Bagby, John F. & Beatrice H.
 Bauer, Linda
 Beddini, Ann & Joe Duchene

Bowman, William
In memory of Rosina Bowman
 Brooks, Deborah R.
 Brown, William & Phyllis
In memory of Rosina Bowman
 Bufford, Patsy
 Campbell, Roy and Ann
 Dannave, Aillinn
 Davisson, Mickey
 Day, Michael & Joyce
 Debevec, Paul & Elizabeth Cardaman
 Duddleston, Leona L.
 Easley, John & Bernadette Feeney
 Eichelberger, Lila Jean
 Fay, C. Sam
 Frankenberg, Natalie
 Friese, Mike & Beverly
 Gillespie, Barbara
 Gillette, Sheila & Mike
 Gilpin, John & Mariellen
 Gottheil, Diane
 Hench, Zach
 Hershbarger, Max & Elaine
 Holloway, Edit H.
 Ingold, Cynthia
 Jahn, Francis J.
 Jaynes, Paul & Arlene
In memory of Mary Ellis



Student intern Fabiola packs the "Seasons" themed boxes for Creativity on Wheels.

Family Service Directors display our green pride and highlight our new Sheryl Bautch Family Service Center sign.



Jaynes, John & Susan

In memory of Mary Ellis

Jaynes, Sherry & family

In memory of Mary Ellis

J. B. H. Company, Inc.

Johnson, Scott & Morgan

Kevin, J. Patrick & Diane

Kieffer, George & Beverly

Kling, Julia

Kudeki, Beverly

Laugges, Randy & Linda

Lemke, Eric & Tammy

Lowery, Alicia

Lutheran Church of Mahomet

Madigan, Patrick

Melhado, Evan & Lee

Murphy, Michael & Candi

In memory of Mary Ellis

Oliver, Cynthia

O'Rourke, Tom & Diane

Palencia-Roth, Michael

Richardson, Thomas & Diane

Robinson, Joan & Ray

In memory of Mary Ellis

Rothermel, Sharon L.

Ruggieri, Rafael & Liz

Schoedel, Grace & William

Sha, Lui & Shirley

Toalson, Dianne

Wellens, Michelle

Wetzel, Laura L.

Whittaker, Marilyn

Yairi, Janie & Ehud

Zaucha, Arlinda

\$25 - \$99

Auer, Ron

Bargerstock, John

Bob's Super Store

Bodnar, Karen

Bohl, Marie

Breitwieser, Steven

Brinkmann, Kathleen

Cain, Kathy

Canaday, Joyce

In memory of Mary Ellis

Conway, Linda

Davis, Sarah J.

Doll, Kerri



Volunteer Brian Berganza provides friendly follow-up calls to seniors receiving Creativity on Wheels art therapy boxes.




RSVP volunteers help to assemble Sunshine Kits that will be given to children in hospitals throughout the country. Of the 8,000 kits prepared by RSVP volunteers nationally, our local group completed 1,500! We're very proud of these women and their dedication to children.

Douglas, George H.
 Drew, Jolene G.
 Eisenstein, Joyce
 Flessner, Debra
 Freaney, Donna M.
 Friedman, George
 Givens, Margaret
 Goode-Meredith, Catryna
 Griffin, Michael & Merrily
In memory of Mary Ellis
 Grobstein, Rose
 Haggerty, Janet
 Han, Yi
 Hanegan, Russ
 Hodson, Kay E.
 Hoff, William S.
 Hood, Mary Ann
 Huang, Chi M.
 Johnson, Bessie M.
 Johnson, Sharon L.
 Johnston, Elizabeth
 Kearns, John & Carolyn
 Kobel, Edward
 Kovar, Patrick
 Manning, Susan
 Miller, Ruby P.

Nelson, Randall & Marcia
 Network for Good
 O'Donnell, Michael & Maria
 Okoh, Ekpe & Affiong
 Pollock, Barbara
 Roemig, Gary
 Scheiwe, Angela
 Smith, Ann L.
In memory of Joyce Hilgert
 Smith, Connie L.
 Smith, Sandra
 Soskin, Tony & Penny


Spencer, Doreen
 Turley, Judith
 Urbana High School
 Villa Grove United Methodist
 Women
 Vedder, Helen
 Vidoni, Dennis & Mary
In memory of Dennis May
 Wease, Marian



**A MATTER OF
BALANCE**

Free 8-week class
 Aug 10-Sept 28, 2022
 Wednesdays, 10am -12 pm
 405 S. State St., Champaign

Call Terry to register:
217-352-0099



**Family Service of
Champaign County**
 hosts course to help seniors manage
 their fear of falling & prevent falls.
*Most exercises are done safely sitting
 in or holding on to a chair.*

Family Service offers three Matter of Balance classes each year. Call Terry at 217-352-0099 for details.



Three of many men and women attending the RSVP Veteran's Day event. Ed Kobel (center) and Mark Williams (right) show off the cards of gratitude made for them by RSVP volunteers.

We regret any inadvertent omissions from or errors in this list. Please contact us so that we may correct the oversight.

West, Elfrieda
 Wheeler Smith, Myrna
 Wilson, Mary Anne & David
 Woller, Larry
 Wright, Lyla

Mills, Maggie
 Oldani, David
 Rund, Ted
 Thornton, David
 Turk, Karyn S.

\$1 - \$24

Beaird, Beverly F.
 Berens, Brittany
 Buhr, Marie
 Buhr, Phyllis
 Claxon, Hong Ru Zheng
 Cler, Phyllis
 Fileccia, Mary
 Good, James
 Griffith, Paige
 Hawkins, Matthew
 Helminski, Ashley
 Huff, Ranae
 Kang, Jeehae
 King, Katherine
 King, Mary C.
 Knell, Wanda L.
 Kuntz, Shirley
 Li, Xili
 Lindell, Pam
 Mayer, Emily
 McMath, Maxine
 Miller, Patricia L.

CARING FOR A RELATIVE AGE 60+.
 OR AGE 60+ CARING FOR A
 RELATIVE IN PIATT COUNTY?

**YOU'RE INVITED TO
 OUR CAREGIVER
 TRAINING**

Learn simple stress reducers and enjoy aromatherapy from our Caregiver Advisor. Adopt ideas from other caregivers to increase your own well-being.

We're hosting bi-monthly caregiver events in Piatt County. Call Marsha at 217-352-5100 to join the fun.

FY 22 In-Kind Donations to Family Service

We're grateful to these generous donors for their in-kind gifts received during fiscal year 2022, (July 01, 2021-June 30, 2022):

Attorney's Title Guaranty Fund, Inc., Becki Anderson, Deborah Brooks, Carle, Champaign County Association of Realtors, C-U Sunrise Rotary, Fraternal Order of Police Lodge #17, Rosa Jurado, Beverly Kudeki, Virginia Lourdes, Laura Neumann, Marsha Oyer, Cindy Paceley, Premier Print Group, RSVP volunteers, Cindy Vazques and the many other organizations and individuals who provided services, equipment and products to assist our organization and those we serve.

In addition to financial and in-kind support, hundreds of volunteers who donated their time and talents to deliver meals, provide rides, make phone calls, visit seniors, help in offices, and serve on our board and advisory committees.



Safe people,
safe spaces

help you
journey
to
wellness



Family Service

COUNSELING & SELF-HELP GROUPS

217-352-0099

www.famservcc.org

Family Service Contact Information:

Champaign County Office:

**Children First, Counseling
Self-Help Center, Admin**

405 S. State St.

Champaign, IL 61820

217-352-0099

Senior Resource Center:

**Counseling & Advocacy, HomeCare
Meals on Wheels, Senior Transportation**

217-352-5100

Retired Senior Volunteer Program (RSVP):

2102 Windsor Place

Champaign, IL 61820

217-359-6500

Douglas County Office:

107 W. South Central #300

Tuscola, IL 61853

217-599-1324



Family Service
Enriching Lives Across the Generations

405 S. State Street • Champaign, IL 61820-5196

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ORGANIZATION
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United Way
of Champaign County



Premier Printing does an excellent job with our printed materials. We want to honor their loyal support and professional assistance.

Thanks for your support!

BOARD OF DIRECTORS
as of Jan. 2023

Dave Donsbach, President

Evan Alvarez, Vice-President

Barbara Gillespie, Secretary

Andrew Thorman, Treasurer

Chelsey Byers

Scott Johnson

G. Andrew Hohn

Suzanne Martinez

Mitch Wilson

OUR MISSION



Founded in 1911, Family Service is the oldest private social service agency in Champaign County. Our mission is supporting people across the generations by providing quality human services.



FOR MORE INFORMATION

For more information regarding this report or any of the programs of Family Service, contact Executive Director Joan Dixon at (217) 352-0099 or jdixon@familysevicecc.org. You may also visit our website at www.familysevicecc.org.