



The

Volunteer Connection

RSVP OF CHAMPAIGN, DOUGLAS & PIATT COUNTIES

September & October, 2010

Retired and Senior
Volunteer Program
48 Main Street
Champaign, IL 61820
Phone: 217/359-6500
Fax: 217/359-6550

Celebrating 38 Years of RSVP Volunteerism



*You are cordially invited to attend the
Retired & Senior Volunteer Program*

Recognition Luncheon

Tuesday, October 5, 2010

at

*The Round Barn Banquet Centre
1900 Round Barn Road, Champaign, IL 61821*



***Registration 11:15 a.m. to 12:00 Noon
Luncheon Seating will commence at 11:30 a.m.***

*Please note: This is your official 2010 Recognition Luncheon invitation.
Your registration form is enclosed.*

We look forward to seeing you at the 2010 Recognition Luncheon

ITEMS OF INTEREST

From the Director's Desk

Thanks to all of you who have welcomed me to my new position as RSVP Director. It is an honor to become the leader of such a tremendously dedicated and involved group of volunteers. I've been busy hiring my replacement to take over as our new Site and Volunteer Coordinator and I am happy to report that we will have someone in that job by the time you receive this newsletter.

You should have already noticed that your invitation to our Annual Volunteer Recognition Luncheon is on the front page of this issue of our newsletter and the reservation form is inside. In order to reduce postage costs we will not be mailing individual invitations this year. I do hope you are making plans to join us on October 5th for all the usual festivities. But . . .

**Don't forget to mail in your reservation form by
Tuesday, September 21st!!**

Please give me a call at (217) 359-6500, email me at rsvpchampaign@gmail.com, or better yet—stop in for a visit soon! I'm looking forward to hearing from all of you.

Karen Bodnar

p.s. Have you moved recently or changed your telephone number? If so, don't forget to let us know!!

Check out the Family Service Website!

Look for a new design at www.famservcc.org. The new look will make it much easier to find out about services in our area. You'll be able to look for community-wide presentations and educational programs offered through Family Service with links to support groups for caregivers, disabilities, bereavement, and much more.

We're very excited that RSVP volunteers will be able to print forms to record volunteer hours. Just click and print. Add our website to your "favorites" list, and it will be easier yet!

You can learn about all that Family Service offers seniors and their families. Of course you know about RSVP, but did you know our Senior Resource Center has services like Meals on Wheels, Senior Counseling & Advocacy, HomeCare, and Senior Transportation?

And, keep watching the website because coming this fall, RSVP will have our very own page on the website. We are very excited about this! We will be able to list new volunteer opportunities and more and we'll be able to update the information in a timely manner. Of course, this won't take the place of our newsletter, *Volunteer Connection*. It will be just one more way for you to keep in touch with us.

In Memoriam

Vicki Stewart-Ford
January 16, 1946 - July 10, 2010



FAMILY SERVICE, RSVP, & ME



*RSVP volunteers are part of the Family Service team,
and together we make our communities better.*

The weather's great and the grandkids are in school—so what can you do now? Family Service invites you to join our Senior Resource Center team! We need drivers and non-driving navigators to deliver Meals on Wheels. Volunteers serve up a whole route of warm, nutritious lunches in less than two hours and provide a friendly check on folks too!



Drivers are also needed to transport people age 60 and better to medical appointments, grocery stores, or banks with our Senior Transportation service. You choose the day(s) and time(s) you are available. Training and mileage reimbursement is provided. Please contact Cindy Fraser at 352-5100 for more details. She would love to help you get started!

WELCOME NEW VOLUNTEERS



- John (Doug) Eppich
- Russ Hanegan • Pam Lindell
- Barbara Ring

COMMUNITY INVOLVEMENT OPPORTUNITIES

PEACE MEAL DRIVERS URGENTLY NEEDED FOR THE MAHOMET AREA

Volunteers are needed to pick up meals from the Community Building for delivery to the homebound elderly in the Mahomet area. Extra volunteers are needed any day, Monday through Friday. Pick up and delivery usually takes about 45 minutes—from 11:10am to about noon. Contact Cathy Lentz at (217)637-1726 for more information.

RSVP PEN PALS

If you enjoy writing letters from the comfort of your home, then becoming an RSVP Pen Pal is for you! Elementary students learn the fundamentals of writing letters. It gives kids a positive perspective about aging. Pen pals exchange letters throughout the school year. Please call Karen at 359-6500 to be matched with a student pen pal today!

DAILY BREAD SOUP KITCHEN ASSISTANTS

Serve lunch to soup kitchen clients any day(s), Monday through Friday, 10:30am-1:00pm. The Daily Bread Soup Kitchen, located at 124 W. White near downtown Champaign, serves 125 lunches five times a week to the working poor and homeless families and individuals. Contact Ellen McDowell at 356-7101 to find out how you can help.

NINTENDO WII GAME ORGANIZER

Thanks to a grant from the Victor A. Hoersch Elderly Services Trust, the Unitarian Universalist Church in Urbana, the Stevick Senior Center has purchased a Nintendo *Wii* to offer virtual bowling, golf and tennis games and tournaments. If you have any experience with computer games (Nintendo *Wii* especially) and if you'd like to help other seniors learn how to play, we need YOU. Please contact Karen at 359-6500 or rsvpchampaign@gmail.com for information.

ENTERTAINERS: PIANO PLAYERS AND TRAVEL ENTHUSIASTS

Help entertain C-U Regional Rehab Center patients and visitors. Tickle the ivories and lead a "sing-along" or present a slide or PowerPoint presentation of your recent travels. You'll make a big difference in patients' lives. Contact Heather Gudgel at 402-9648 or hgudgel@champaignrehab.com to volunteer.

CRISIS NURSERY CHILD CARE VOLUNTEERS

Volunteers ("surrogate grandparents") choose from various jobs—rocking babies, assisting with feeding or bathing, activi-

ties such as art projects, songs and more. Please contact Crisis Nursery, 337-2731 or volunteer@crisisnursery.net, to see how you can help.

STEVICK SENIOR CENTER/RSVP RECEPTIONISTS

Greet visitors and answer phones at our office in downtown Champaign. Commit to a ½ day on a regular basis or fill in as needed Mondays–Fridays. Free parking is provided in the lot directly across the street. Please call Karen at 359-6500 to schedule training.

KRANNERT ART MUSEUM DOCENTS

Docents lead tours of the museum's exhibits for K-12 student and adult groups. Volunteers are expected to make a two-year commitment, give a minimum of 5 tours per year, and attend all training sessions. Training will begin in fall 2010 and docents will begin leading tours in spring 2011. Volunteers need to be available weekdays during daytime hours. Contact Anne Sautman, Director of Education at Krannert Art Museum, at 244-0619 or asautman@illinois.edu.

EARLY MORNING VOLUNTEERS FOR THE FOOD FOR SENIORS PROGRAM

The Food for Seniors Program provides groceries to low income C-U seniors twice a month—the 2nd and 4th Tuesdays. Work with about 25-30 other seniors volunteers, helping sack groceries and/or serving as a substitute driver, using your own vehicle. Sackers must be able to stand for about 1½ hours while bagging groceries. Call Robbie or Richard at 359-6500 to volunteer.

SENIOR TRANSPORTATION DRIVERS

Volunteers provide rides to medical appointments and/or to the grocery store. Let us know what day(s) or time(s) you are available. Most rides are within the Champaign-Urbana area, but may extend throughout Champaign County. Mileage reimbursement is available. Call Cindy at the Family Service Senior Resource Center at 352-5100 to volunteer.

MEALS ON WHEELS DRIVERS

Volunteers are needed for Family Service's Meals on Wheels program. Use your own vehicle to help deliver hot meals to clients' homes. Choose the day that works best for you—meals are delivered Monday through Friday, from approximately 10:30am-12:30pm. Work a minimum of one shift per month; weekly is preferred. Volunteers will be reimbursed for mileage. Contact Cindy at 352-5100.



*The VC Newsletter is prepared for mailing by
Members of the RSVP General Assembly Team.*

